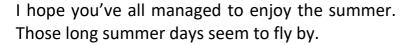
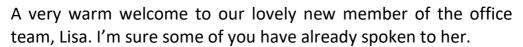


AUTUMN NEWSLETTER - 2024

Dear All,





We have some new outings coming up, so check out our trips at the end of this newsletter. Give us a call if you fancy attending any of them.

Also, there's a couple of theatre events on locally which we could help with transport if you want to go.

Jules, Hilary & Lisa



Our office opening hours are: Monday - Friday, 0930-1130.

Sometimes we have to change the office hours so, if you want to visit the office, please call first to avoid a wasted journey.

Tel: **020 8943 3112** (Please leave us a message outside of these times).

Email: office@tedcare.org.uk Website: www.tedcare.org.uk

Address: 1 Stanley Road, Teddington, TW11 8TP



Eyes down for a full house! The Constitutional Club, Stanley Road are holding a Bingo afternoon on Thursday October 31st from 1:30pm. The cost is £5

and you can call the Constitutional Club directly on 0208 977 8666 to book your place. If you need help getting there just let us know.

You can also buy lunch, served from 12:30pm

Shopping Bus



Don't forget we run a shopping bus every Thursday & Friday starting around 0930.

It's a door-to-door service with a small charge of £4 to cover the cost of the bus. The first trip is FREE so why not give it a try. The Thursday morning bus is now FULL and there are only two spaces left on the Friday bus. We are happy to run a Thursday afternoon bus if any of your friends want to join us. We also go to Sainsbury the first Thursday of every month. You might know someone who might benefit from using the bus, it's a good way to make friends, keep independent and have someone to carry your shopping.

Outings & Events

We are always looking for new ideas for outings and events so if there is anything you fancy doing or somewhere you want to visit, just give the office a call and let us know. Here's something for you opera lovers or perhaps you just want to see what it's like.

Handel's 'Ode to St Cecilia' at the Normansfield Theatre

Saturday, 16th November 2024 at 7:00 PM Sunday, 17th November 2024 at 2:30 PM



Richmond Opera is thrilled to announce an enchanting evening of Baroque music featuring Handel's 'Ode to St Cecilia,', along with Purcell's 'Come, ye Sons of Art,' and Bach's Brandenburg Concerto No. 4, as well as two of the Handel Coronation Anthems (Zadok the Priest & The King shall Rejoice).

Tickets: From £17 & £8.50 (for under 18's)

Doors: Saturday Evening 6:00pm & Sunday Afternoon 1.30pm. **Performance:** Saturday Evening 7:00pm & Sunday Matinee

2:30pm.

Booking: Tickets are available for purchase

via https://www.ticketsource.co.uk/richmondopera or by calling 0333 666 3366.

How about a traditional pantomime, Jack and the Beanstalk? Hampton Hill Theatre Sat 30 Nov- Sun 8 Dec

Call: 0208 410 4546 or email

office@teddingtontheatreclub.org.uk



Outings and events

AGM – Methodist Church Saturday October 12th, 2-4pm Official stuff plus tea & cake after.



Coffee morning – Methodist Church
Saturday 2nd November 10.30am – 12:30pm
Why not catch up with friends for a good old natter.



Fish & Chip Lunch – Superfish, Molesey 12:30
Tuesday 21 October, picking up from 11:15
Cost, no more than £20 inc transport but TBC



Mystery afternoon trip. – Wednesday 20th November, time TBC for Lunch, garden centre or both? Just call the office and put your name down and we will let you know nearer the time where we are going.



Christmas party - Saturday 14th December 2:00pm – 4:00pm



Get your glad rags on for tea, cake, carols and more.

Please call the office to book and reserve your space to avoid disappointment.

0208 943 3112. Payment will be collected on the day of the outing (cheque or cash).